Jean K. Freeman Keynote

Jean K. Freeman swam for the Gophers and was the Women’s Swimming Head Coach at the University of Minnesota for 31 years, from 1973-2004. Freeman’s teams had 29 winning seasons, two national individual champions and seven top-20 team national finishes. Her teams won 76 Big Ten individual and relay titles, and Freeman was honored four times as Big Ten Coach of the Year. In 1999, she was the first woman to win the Outstanding Service Award, the highest honor bestowed by the College Swimming Coaches Association of America. To honor Jean’s legacy as a pioneer in women’s sport and her commitment to giving back, hard work, honesty, team, caring for the whole person and excellence in every way, we have named this keynote in her honor. Jean passed away in 2010 after a battle with colon cancer. Watch a video tribute to Jean K. Freeman “More Than a Swim Coach” here.

2018 Jean K. Freeman Keynote:
Susan Teeter

Former Princeton University Women’s Swimming Coach

In her 33 years as head coach of the Princeton women’s swim team, Susan Teeter established herself as one of the most decorated swim coaches in the country. Princeton’s all-time leader in wins, Teeter tallied over 220 team victories and guided her program to 17 Ivy League titles. During one stretch of seven seasons, Princeton won a school record of 47 consecutive meets; they also won five consecutive Ivy League titles during that time. Her legacy earned her an American Swimming Coaches Award of Excellence for four straight years, from 2006 through 2009; in 2011 she was awarded the prestigious College Swim Coaches Association “Lifetime Achievement Award”. Most recently, Teeter was elected President of the College Swimming & Diving Coaches Association by her colleagues. She was also named USA Aquatics Sports’ Most Outstanding Woman for 2015.

Over the course of her successful career, Teeter mentored 22 All-Americans and coached swimmers who went on to become Olympians, NCAA qualifiers, World University Games team members and Ivy League champions. In 2000, Teeter’s senior class established and endowed the Susan S. Teeter Award, which is now awarded annually to a senior class
swimmer who distinguishes herself as an outstanding student and a valuable member of the women's swimming team. Teeter was also named an Honorary member of the Princeton Class of 1985 and 1986. In 1999, Princeton's President's Standing Committee on the Status of Women recognized Teeter for her contributions to women on campus.

Teeter has served on the staff of nine international swim teams, including as an assistant manager for the U.S.A. Swimming staff at the Summer Olympics in Sydney (2000) and head manager of the USA Olympic Swimming Team in Atlanta (1996). From 2001-2008 she served as a special consultant to Speedo USA for all Olympic and World Championships.

Teeter also holds the credentials of Certified Professional Behavioral Analyst and Certified Professional Values Analyst from Target Training International, Ltd. She works with businesses and teams to improve programs and communication. She licensed as a Certified Life Coach from the International Coaching Society.

Teeter graduated from the University of Tennessee, Knoxville with a BFA. She is a level 5 USA Swimming Coach.

2017 Jean K. Freeman Keynote Speaker: Jill Ellis
2016 Jean K. Freeman Keynote Speaker: Lin Dunn
2015 Jean K. Freeman Keynote Speaker: Sue Enquist

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women coaches symposium

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