

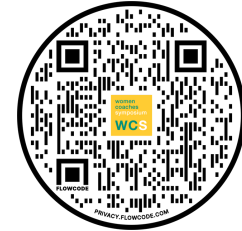
CAMBRIA CLUB ROOM

INDOOR CLUB ROOM

M CLUB ROOM

# WCS

SCAN FOR  
SPEAKER BIOS



## WOMEN COACHES SYMPOSIUM

7:00-8:30

REGISTRATION

BREAKFAST  
SPONSORED BY  
WECOACH

8:30-8:45

WELCOME  
ADDRESS

8:45-9:15

BREAK POINT:  
HER ROAD TO  
TITLE IX

SHERI BRENDEN,  
PEG BRENDEN &  
DR. NICOLE M. LAVOI

9:15-9:45

Coaching HER:  
KEEPING GIRLS  
IN SPORT

CAITLIN MORRIS,  
DR. NICOLE M. LAVOI, &  
DR. COURTNEY BOUCHER

9:50-10:20

**KEYNOTE**

Coaching HER:  
ADDRESSING  
GENDER  
STEREOTYPES  
IN OUR  
COACHING

DR. NICOLE M. LAVOI

10:30-11:10

SUPPORTING  
GIRLS'  
PSYCHOLOGICAL  
NEEDS:  
THE 3 C's

DR. COURTNEY BOUCHER

COACHES' ROLE  
IN FOSTERING  
GIRLS'  
BODY IMAGE

DR. EMILY MATHESON

11:20-12:00

CRITICAL ISSUES  
IMPACTING ALL  
SPORT LEVELS

VANESSA FUCHS,  
JEN BROOKS,  
NORA BROOKS,  
AMY COOPER, &  
AKISA FUKUZAWA

HEALING  
CENTERED  
COACHING

CHRISTINE BRIGHT

COUNTERING  
WEIGHT STIGMA  
IN SPORTS

DR. KAT SCHNEIDER

12:00-12:50

LUNCH  
JOSTENS PRESENTS:  
COACH OF THE  
YEAR AWARDS

12:55-1:30

JEAN K.  
FREEMAN  
KEYNOTE

WINNING WAYS  
OF WOMEN  
COACHES

DR. CECILE REYNAUD

1:40-2:20

THE POWER TO  
PLAY, PERIOD.

DR. SARAH ZIPP &  
ANNA GOOREVICH

MENTAL  
HEALTH MUST  
HAVES FOR  
COACHES

CARLIE BRANDT,  
DR. KIRBI KIDD,  
MCKENZIE BROMBACK,  
ALEX WULBECKER-  
SMITH

2:30-3:10

TRANSGENDER  
AND NON-  
BINARY  
INCLUSION IN  
SPORT

CAMERON CLAIRE,  
SAWYER PLOTZ  
DR. ANNA POSBERGH,  
& ELLIE ROSCHER

BODY TALK 101  
FOR COACHES  
AND ATHLETES

HANNAH SILVA-BREEN

3:20-3:50

**KEYNOTE**  
THE VOICES &  
EXPERIENCES OF  
WOMEN SPORT  
COACHES:  
YOU MATTER!

DR. NICOLE M. LAVOI



[wcs.umn.edu](http://wcs.umn.edu)

PLEASE JOIN US ACROSS THE STREET FOR  
A POST-SYMPOSIUM HAPPY HOUR AT  
BUFFALO WILD WINGS 4-6pm



The Women Coaches Symposium is made possible by support from many community partners.



## 2023 WCS Theme: Coaching HER

At the Tucker Center we are continuously asked, "How do we coach girls and women?" Powered together with NIKE, we developed **Coaching HER** an evidence-based, rigorously tested tool for sport coaches of girls that challenges the status quo and the taken-for-granted assumptions of what it means to coach girls.



## Philanthropic Partner: The Sports Bra Project

Our Philanthropic Partner again for 2023 is The Sports Bra Project. For some girls and women, lack of access to a sports bra - due to logistical, cultural or financial factors- can be a barrier to sport participation. Scan the QR code to participate in our virtual drive.



## WCS Sponsors



## Thank you to our 2023 vendors!

